LIFEFORM®

DEPENDABLE COMFORT. HANDCRAFTED QUALITY.



BALANCE MID-BACK

(MODELS 5694 & 5694B)

Built for Balance

Workdays rarely stay the same.

You shift between focus, collaboration, and movement throughout the day. Your chair should support that rhythm without distraction.

With a supportive upholstered backrest and LIFEFORM's contoured seat design, Balance delivers dependable ergonomic comfort in a refined, versatile profile designed for the pace of modern work.

Each chair is built by hand in our Calgary workshop, where materials are carefully selected and assembled with the same care used across the LIFEFORM line.

Because everyday seating should still feel thoughtfully made.



BALANCE MID-BACK SERIES

This series supports changing workdays with intuitive adjustability, steady comfort, and handcrafted reliability.

Ideal for professionals who value focus, movement, and long-term performance in a refined, adaptable chair



KEY FEATURES

BALANCE
MID-BACK BASIC
(MODEL 5694B)

- ***Supportive Upholstered Backrest***
  Consistent posture support throughout the workday
- ***High-Density Foam Seat***
  Firm cushioning designed for durability and long-term use
- ***Contour Seat with Waterfall Edge***
  Encourages circulation and reduces pressure on the legs
- ***3D Adjustable Polyurethane Arm Pads***
  Simple adjustments help position arms comfortably while working
- ***Ergonomic Tilt & Recline Functions***
  Height, tilt, and tension adjustments support natural movement

ADJUSTMENTS


HEIGHT


TILT LOCK / UNLOCK


INDEPENDENT BACK ANGLE


SEAT ANGLE





KEY FEATURES

BALANCE MID-BACK

(MODEL 5694)

ALL OF THE FEATURES OF THE BASIC DESIGN, PLUS:

- ***SmartCore™ Seating Technology***
  Multi-layer foam system with memory foam comfort layer
- ***Memory Foam Ergo Arm Pads***
  Pressure-relieving arm support that moves with you
- ***Seat Depth Adjustment***
  Allows the chair to better fit different body sizes and sitting positions
- ***Adjustable Internal Lumbar***
  Customizable spinal support that promotes healthy upright posture

TENSION

RATCHET BACK HEIGHT

MULTI-FUNCTION ARM
(Height, Width, Swivel, Slide)**

SEAT SLIDER*
(3" Seat Depth Adjustment)

LUMBAR*

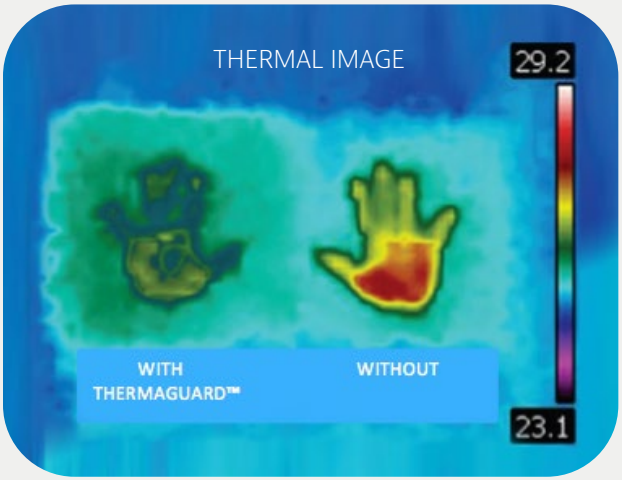
*Available as upgrade options for the basic model.
**Slide function available on the Polyurethane Arm Pads only.

ERGONOMIC MODULARITY, DESIGNED TO YOUR STYLE

Balance chairs can be tailored with a variety of upholstery materials, finishes, and ergonomic upgrades.

Choose from premium fabrics, refined trims, and adjustment options to create a chair that fits your workspace and the way you work.

Temperature Regulating Technology

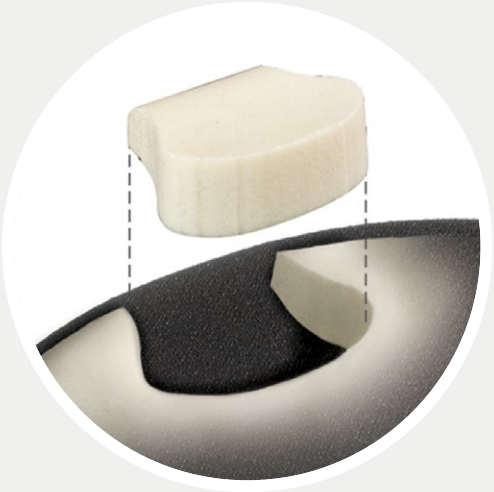


Therma Guard™

Arm Pad and Swivel Options



Hidden Coccyx (Rear Seat) Cut Out



Backrest Lumbar Upgrade



Upholstery Options



Adjustable Latitude Headrest for Cervical Support



Base and Caster Options





SUSTAINABILITY

We believe in building fewer, better things.

By sourcing responsibly, minimizing waste, and designing chairs for long service life, we create products that support both your comfort and the environment.



INNOVATION

Every LIFEFORM chair reflects decades of ergonomic learning.

From pressure-relieving foam systems to intuitive adjustment features, Balance helps you stay supported, aligned, and comfortable throughout the day.

LifeformChairs.com

403.720.3966 | TF 1.800.661.8568 | info@lifeformchairs.com
8018 – 11500 35th Street SE., Calgary, AB.T2Z 3W4, Canada

04/2026 Printed in Canada